

Whitford Junior Football Club



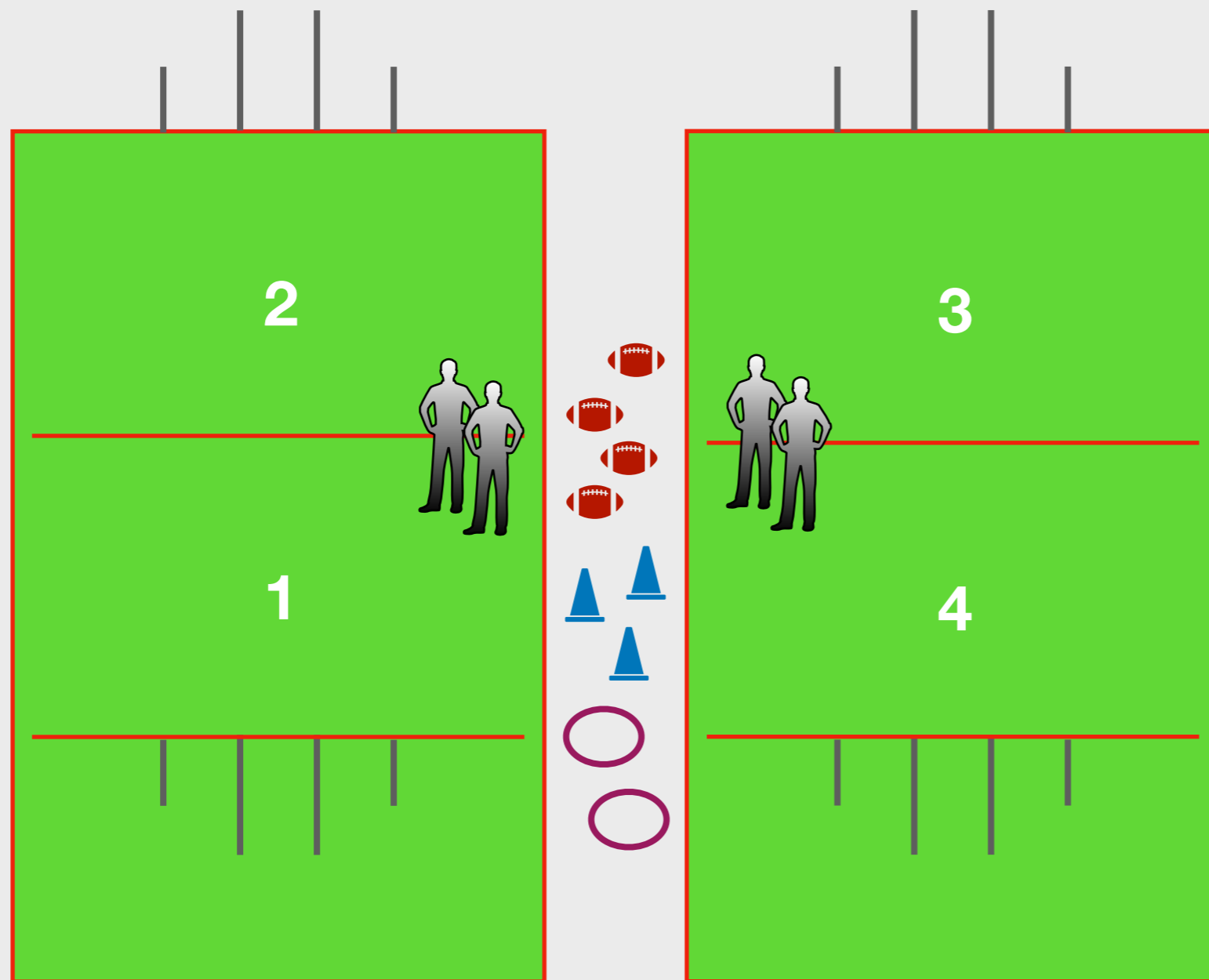
Whitford JFC Website

The club's website has an Auskick page which has fixtures, general information and resources for coaches and parents. You can also click through to see the videos for the grid activities for the upcoming week.

WILD CATS

Whitford Junior Football Club

1. Grid Activities - Coach & Manager



Coach & manager:

Coaches and managers arrive early and set up the grid activities for the day. During grid activities, the coach's role is to make sure all Auskickers are engaged and help any Auskickers or parent volunteers that may need assistance.

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2. Grid Activities - Home & Away teams and Volunteers

The diagram illustrates four football grids (1, 2, 3, 4) arranged in a 2x2 grid. Each grid is a green field with a red center line and a goal at the bottom. Grids 1 and 2 are for the Home team (yellow), and grids 3 and 4 are for the Away team (blue). Volunteers are shown in purple. The diagram includes icons for players, cones, footballs, and a goal.

Home:
Home team shown in yellow. They run the grid activities for grids 1 and 2.

Away:
Away team shown in blue. They run the grid activities for grids 3 and 4.

Volunteer:
Volunteers shown in purple. Each team rosters two parent volunteers to run one grid each. Volunteers will receive a red Auskick volunteer vest from the manager so that they are easily identified.

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3. Grid Activities - Auskickers

1

2

3

4

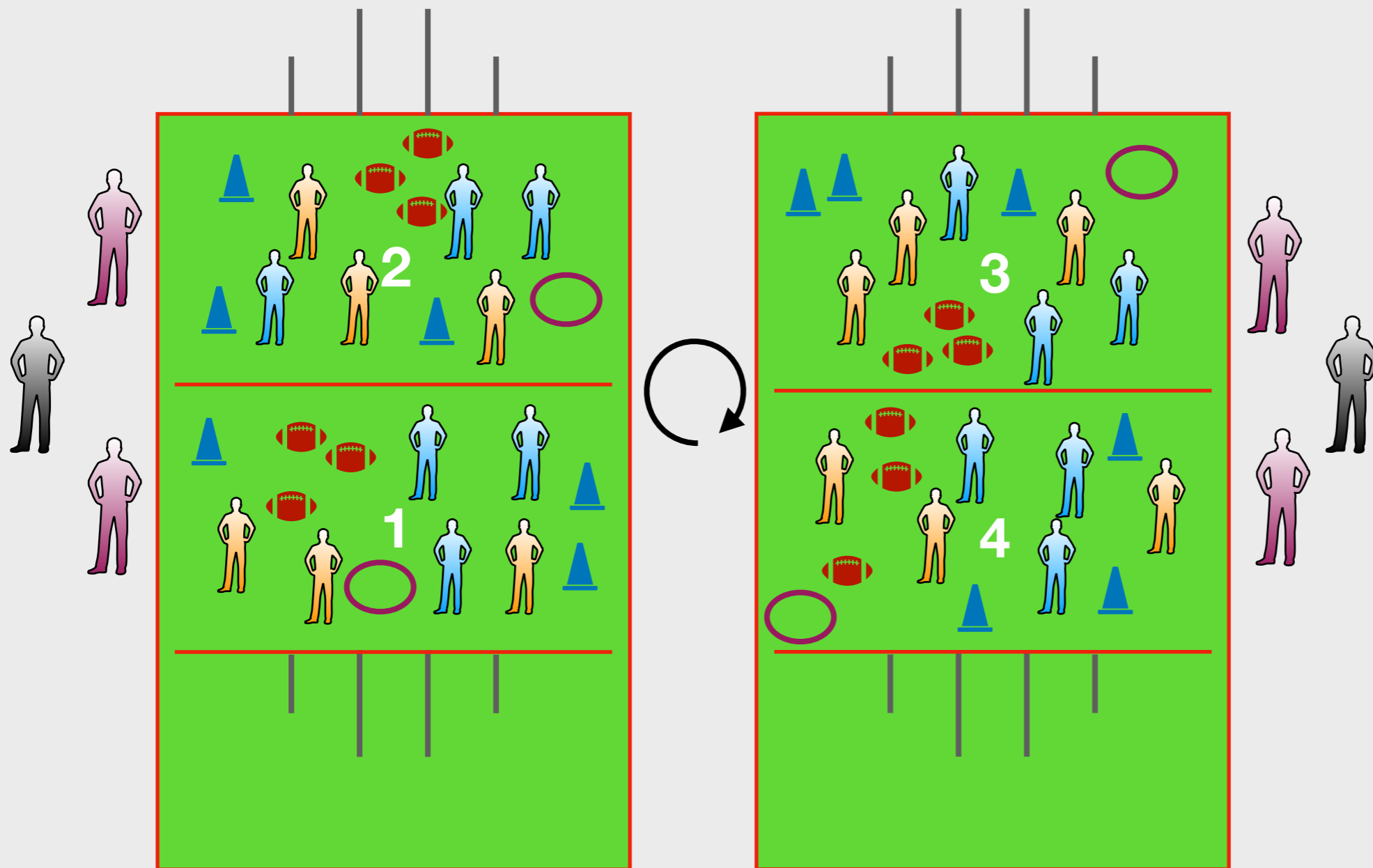
Players:

Players from each team are divided into the four activity grids.

Players from each team mix together and complete the activities together.

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4. Grid Activities - Rotations



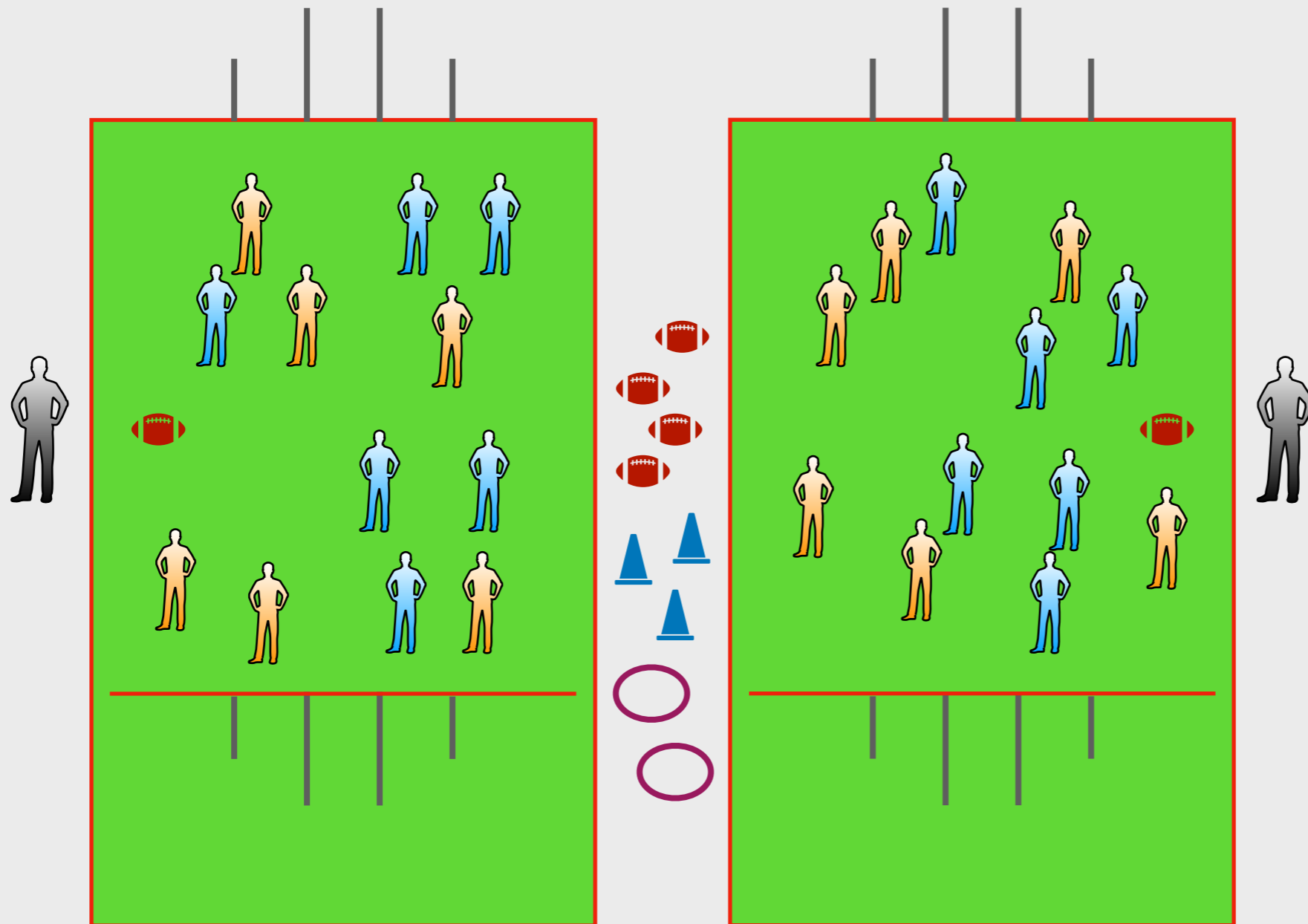
Rotation:

There are 4x10 minute grid activities.

When the bell rings, players rotate in a clockwise direction around the grids.

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5. Grid Games



Game:

Once the 4 activity grids have been completed, all equipment is packed back into the equipment bin.

Players take a quick break while coaches split their team into two smaller teams.

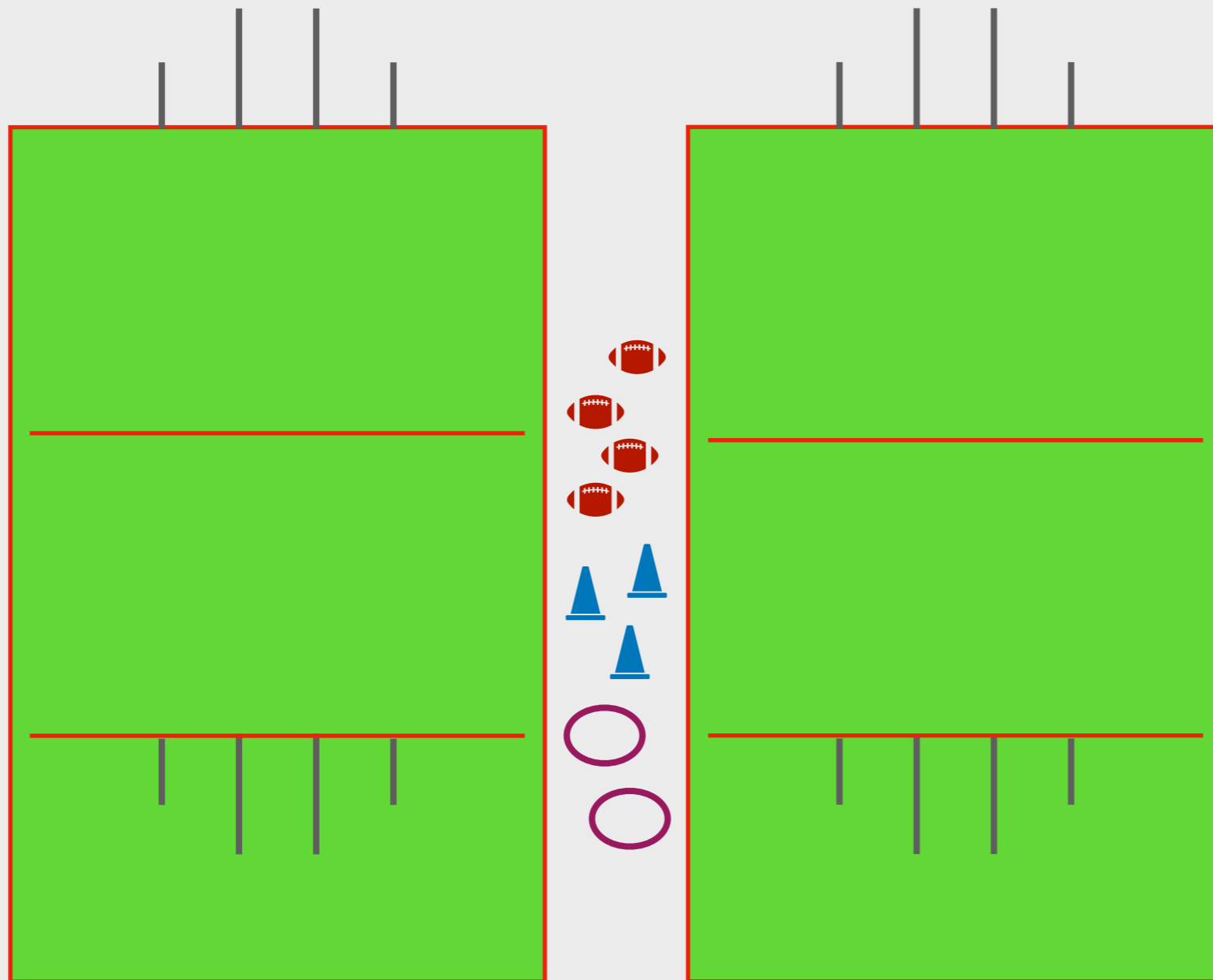
The coaches then umpire one grid game each.

Parent umpires are used to umpire games.

Auskickers are encouraged to share the ball, ensuring that all players are involved in the game.

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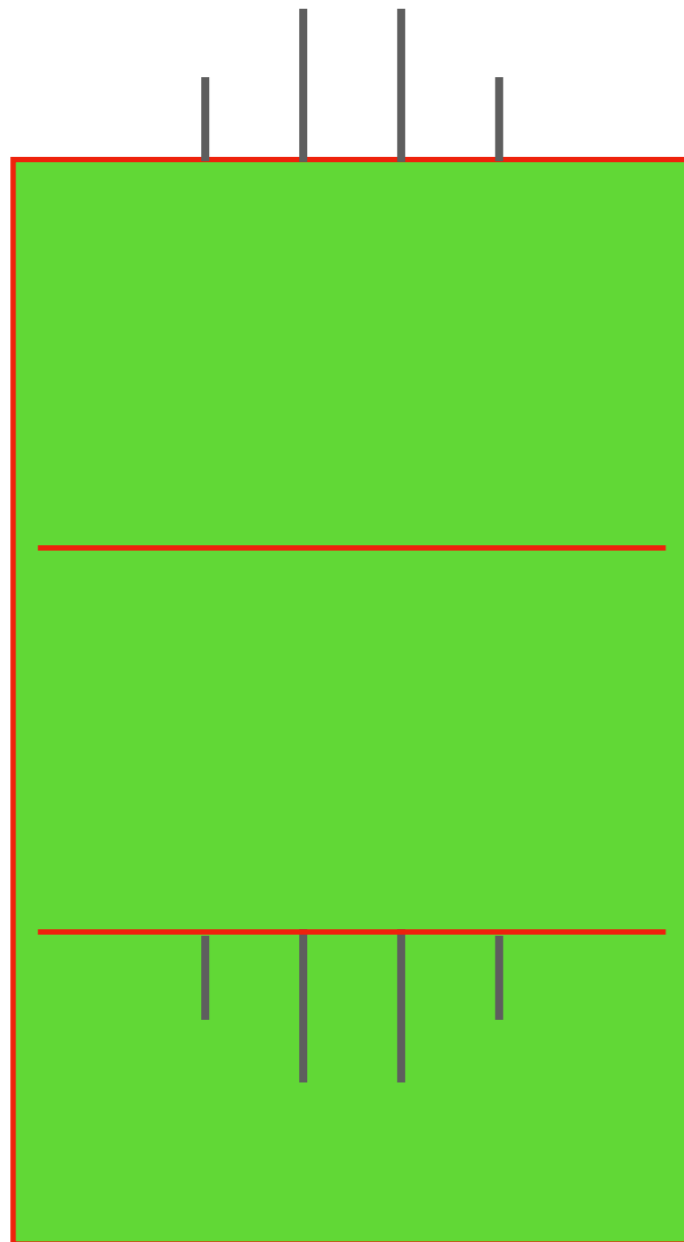
6. End of Session



End of session:

Once the session is finished, gather the players together to sing the club song as one group. Then please move quickly away from the ground as the next year group will need to set up the grid activities for their session.

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General Information:

ARRIVAL

It is recommended that you arrive at least 15 minutes prior to your session. This gives your child a chance to get ready and gives coaches and managers time to organise the players for the session ahead.

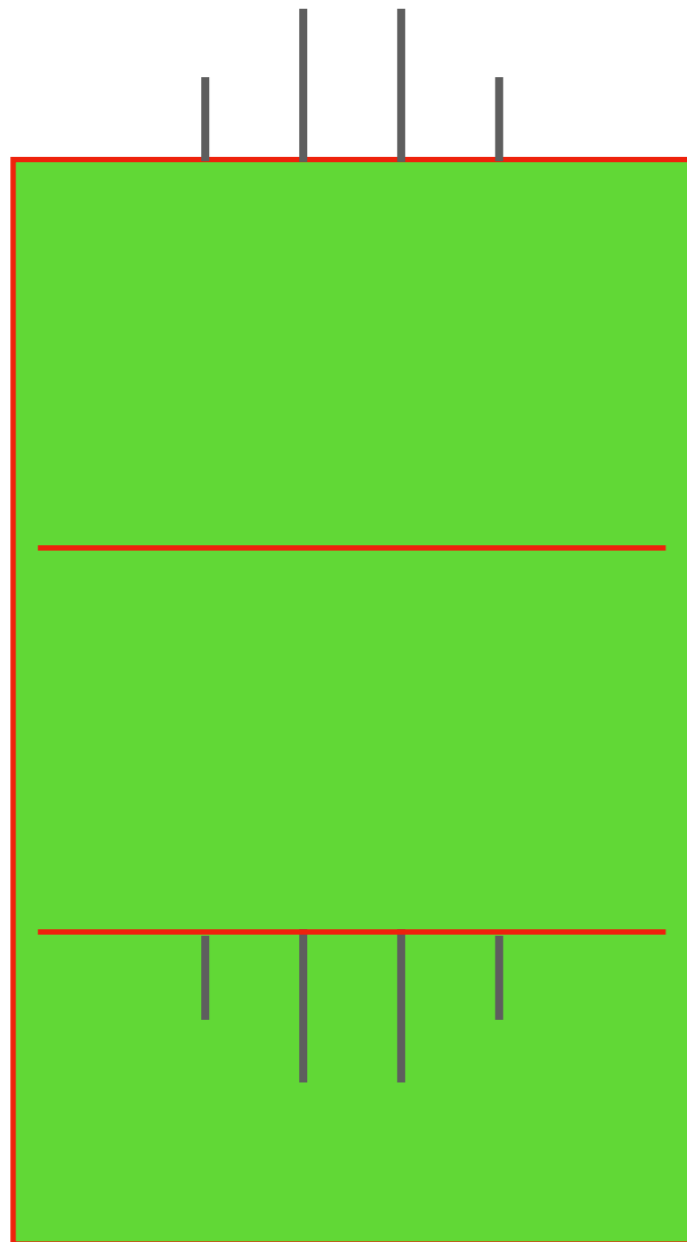
EQUIPMENT

All equipment is for the use of Auskick players only. If you have siblings with you, please ensure that they do not use the equipment as it can get lost or broken. Once the grid activities are finished, all equipment should be packed away before the grid games begin.

YOUR INPUT

Auskickers get the most out of their session when parents are prepared to get involved. Some grid activities require you to complete the activity one-on-one with your child.

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General Information:

WET WEATHER

Footy is a winter sport. You will get wet.
If Auskick is cancelled for the day, we will post to the website and social media.

WATCHES

Please make sure your child does not wear a watch or jewellery to the session.

AWARDS

Head up near the clubrooms for coaches to hand out player awards. Support the canteen.

MERCHANDISE

See website for details.

MACDONALD RESERVE

The bins at MacDonald Reserve are all chained up.
Please take rubbish with you and keep our ovals clean.
It is also a dog free park. Rangers frequently attend and issue fines.

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